

Dr. McMakin's  
Chiropractic

**FSM** Clinic

**Carolyn McMakin MA, DC, LLC**

204 E Historic Columbia River Hwy #270, Troutdale, OR 97060  
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**Chiropractic Physician • Diagnosis + Treatment of Chronic Pain • Frequency Specific Microcurrent**

## CLINIC OFFICE POLICIES AND CONSENT TO TREAT

Dr. McMakin is licensed Oregon chiropractor and a clinical specialist in pain, inflammatory and neurological conditions and various chronic health conditions. Her specialty is differential diagnosis of chronic conditions and the use of Frequency Specific Microcurrent to treat these conditions. As a chiropractor, Dr. McMakin cannot prescribe, comment on, or modify the dosage of any prescription medication. She can recommend nutritional supplements, lifestyle and exercise changes and over the counter medications. Dr. McMakin is considered to be a specialist consultant and is not an appropriate choice for ongoing or primary care. If you have had a recent change in severity of symptoms, onset of worrisome new symptoms or significant unintended recent weight loss please consult with a primary care physician near you prior to seeing Dr. McMakin or Dr. Sandra Osterberg, DC.

Dr. McMakin sees patients Monday, Tuesday, Thursday and Friday by appointment between 10:00 and 6:00 during weeks when she isn't traveling. Dr. Osterberg see patients Tuesday, Wednesday and Thursday.

The practice is cash only (check, cash or credit card). You will be provided with a charge slip that you can submit to your insurance. Be aware that most insurance companies will not cover our services. Dr. McMakin charges \$200 / hour for all patient visits. Dr. Osterberg charges \$150 per hour for all patient visits. New patient visits are usually two to three hours and, depending on complexity, can go as long as four hours. The new patient visit will include a history, a problem focused physical examination and a treatment relevant to the chief complaint(s). Follow-up visits are usually one to three hours depending on complexity. Additional imaging may be ordered locally as needed. Physical Therapy may be provided and that will be billed at \$150 / hour.

Please let us know if you are using a wheel chair so we can arrange for the use of the larger room.

Reports of positive outcomes in case reports, books, podcasts, webinars or articles are not a guarantee of a positive outcome in any particular case or condition with a particular patient. Outcomes will vary depending on many factors and there is never any guarantee that Dr. McMakin's evaluation and treatment will create a positive outcome. There is the promise that we will work diligently to provide quality care.

For your new patient appointment:

1. Please bring any available medical records or blood work. Please bring any relevant imaging reports or the films themselves.
2. Please prepare for treatment by drinking one quart of water in the four hours preceding treatment, if you are normally well hydrated. If you tend to be dehydrated and generally don't drink enough water, please drink four ounces of water an hour during eight waking hours for the three days preceding your first visit.
3. If the history goes back more than three years, please prepare a typed or handwritten chronological history that starts one year before symptoms began. Please list any surgeries, accidents, falls or traumatic events. Please list all current medications and supplements. Please list any allergies to medications or foods. If you have had genetic testing such as 23-and-me, or gluten genetic testing please bring the results with you.
4. If you have any questions prior to your new patient visit, please contact Dr. McMakin at carolmcmakin@icloud.com. Some emails may not be answered for several days. Urgent emails should be directed to contact@FSMclinic.com. Urgent or new symptoms should be handled by calling 911 or by visiting your local emergency room. If you need to change or modify your appointment, please give 24 hours notice by emailing Dr. McMakin or contact@FSMclinic.com. Appointments not canceled within 48 hours will be charged a \$200 cancellation fee.

It is suggested that you search the Internet for nearby hotels and methods of transportation to the clinic at 204 E Historic Columbia River Hwy, Suite 270, Troutdale, OR 97060

I have read Dr. McMakin's office policies and disclaimer and I consent to be treated by her or Dr. Osterberg.

Patient Printed Name: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Form submitted by:  Dr Carolyn McMakin  Dr Sandra Osterberg